12-09-09

FALL 2009 Final Schedule. »2

Is the meteoric rise of TMZ validated? »3

George Clooney's latest performance soars in "Up in the Air." »5

Valley writers report on the ever-changing treatments of concussions. »7

los angeles valley college's

VALLEY STAR

the independent student newspaper

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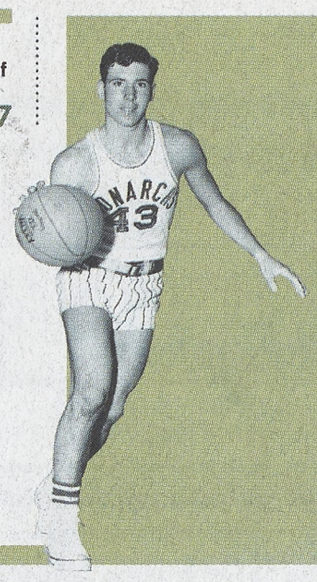

ACHIEVED

Approaching its forth induction, the Hall of Fame celebrates 60 years of athletics.

»6

ONLINE EXCLUSIVES

Hoop Nightmares

Men's basketball team continues their struggles with another loss against Ventura.

Command Performance

Online Slideshow of the music department's holiday performances.

SCOTT MITCHELL, PHOTO EDITOR | VALLEY STAR

ENJOYING A GOOD READ ON A COMFORTABLE DECEMBER NIGHT
According to Rick Baker of the Sheriff's Department, more students are spending time in the newly renovated quad. New lights and seating have drawn students to the center of campus. Increased patrol hours by the sheriff have helped decrease p.m. crime.

SANTA & SONS HAS COME TO TOWN

Christmas tree lot returns for another year.

GUADALUPE GONZALEZ
STAFF WRITER

Christmas is back in town, and so is Santa & Sons. Since 2001 the family-owned company has rented space from Valley College and placed its Christmas Tree lot in Parking Lot G. The lot supports Valley's education fund, and Santa & Sons is also a supporter of the college athletic fund.

"We do well here," said owner Mark Rohlfs. "It's a great place for our Christmas tree lot, and we're glad we can be here again."

The lot, located on the corner of Burbank Boulevard and Coldwater Canyon, has dozens of Douglas, Nordmann, Grand, and Noble Firs, from small 2-foot trees to commercial 20-foot trees. All the trees are grown in the company's Oregon Christmas Tree Farm, which practices environment sustainability and responsible water shed management. They are one of four family farms certified environmentally friendly by the Coalition of Environmentally Conscious Growers.

Unlike artificial Christmas trees that many people opt to, which are plastic and brought from China, tree farms are good stewards of the earth, according to the Santa & Sons Web site. The trees grow and preserve soils, help against erosion, and sustain diverse wildlife.

"We don't need another fake thing in our lives," said Rohlfs.

The lot also sells pine and Noble Fir wreaths and cedar garlands. This year they have a thrifty tree section in which prices are $39.99 or less. But what people come for is the Christmas spirit.

"We've created memories for kids. I've got to watch them grow up in lapse photography," Rohlfs explained. "I'm 55 years old, and I remember exactly where I bought a Christmas tree. Families like coming out here because it's a joyous spirit," something, he says, you can't get at Home Depot.

Kay Jimenez from Sun Valley has been seasonally working for Santa & Sons after a friend told her about the job 13 years ago, before the company had a lot at Valley College.

"I love the smell of the trees," she said. "I get to carry them!"

Aside from employing people at the lots, Christmas tree companies need a large employee force for its labor-intensive farms, which require hand-pruning of the trees. The Oregeon Christmas tree farm itself runs 10 months out of the year, caring for its 150,000 trees. January and June are the months with the least work.

Santa & Sons is open from 9 a.m. to 9 p.m. Thanksgiving until Christmas. They take telephone orders and also deliver trees to homes and businesses.

SCOTT MITCHELL, PHOTO EDITOR | VALLEY STAR
THE HOLIDAY SPIRIT- A worker unloads trees.

SAMUEL OKSNER, CHIEF PHOTOGRAPHER | VALLEY STAR
FRONT OF THE LINE - Students line up to pay fees as winter classes are closed.

WINTER CLASSES CLOSED FOR ENROLLMENT

Trimmed-down winter session is closed. Students able to add during first week.

LUCAS THOMPSON
SPORTS EDITOR

Valley College students planning to enroll for the 2009 Winter session should make other arrangements to receive their transferable units, as admission to all winter classes have been closed.

"The fact that now I have to wait until Fall 2011 as opposed to Fall 2010…It'll be fun, another year at Valley," student Gohar said. "It's gonna take me longer to get the classes I need to transfer."

According to Academic Affairs, Valley is offering 122 sections this winter session, opposed to the 248 they offered last year.

Community colleges are funded by the state according to their full-time equivalent student count, or amount of full-time students the campus has enrolled per semester. Any students, sections, or classes that this funding does not cover are left to the college to pay for.

"If you have more (sections) than what the state will fund, the college eats the cost," administrative analyst for Academic Affairs, Duane Martin, said.

Spring 2009 will also see a drop from 1,759 sections down to 1,650 sections according to Academic Affairs. The drop in sections will not coincide with the amount of students that are enrolling at Valley. The "one seat, one student" goal at Valley is now approaching 20,000 students, which is roughly 40 percent of the expected enrollment according to Martin.

"The more that you delay, the less chances that you will have to capture your desired schedule," Dean of Enrollment Florentino Manzano said. "You may not get your desired schedule, you may have to work with what we have, and that's life and it's really tough, but it might very well be necessary for people to juggle some things."

According to the admissions office, students will still be able to add winter classes at the start of the session. Students trying to add must bring the add card, with their admission application, to the admissions office no later than Jan. 11; no late add permits will be accepted.

"It is with great sadness that we have made cuts to both winter and spring class offerings," Valley President Sue Carleo said. "With the cut we received earlier this year, all community colleges have been downsized. As a result we cannot continue to offer the same number of classes as we have in the past. We will do the best we can to meet the program needs of all our students with the funds we have. We ask students to enroll early and to recognize that each seat in every class is important to someone meeting his or her educational goals."

H1N1 VACCINE OFFERED ON CAMPUS

Thousands arrive to receive H1N1 vaccine at Valley College.

NATALIE KESHISHIAN
STAFF WRITER

The north gym at Valley College was transformed into a public health clinic this past weekend as approximately 3,000 people received the H1N1 Swine Flu vaccination, free of charge.

Public Health officials began offering the vaccine from 9 a.m. to 5 p.m. both Saturday and Sunday. Signs were posted notifying the public of those who were eligible to receive the vaccine Those eligible must fall into the "at risk" categories which included pregnant women, those that live with or care for infants under 6 months of age, health care and emergency service personnel, children and young adults from 6-24 years old and people from 25-64 years old with chronic medical conditions such as asthma, diabetes, or a weakened immune system.

Many families with toddlers arrived to receive the vaccine. For young children the vaccine is applied in two separate doses on two different occasions. Many showed up to receive their second round of injections. Tatiana and her toddler, Mateo, were waiting in line to get Mateo's second round of vaccinations.

"The first time we got it was at USC because the county had it a month ago and then they gave us an information number to call and we were given this address which is relatively close to home, so we came to get the second dose," said

|See **FLU**, p.8 Gallery|

DAY CLASSES

Day and Date Of Final Exam	MONDAY Dec 14			TUESDAY Dec 15		
Time of Exam	6:30 - 8:30am	9:30 - 11:30am	12:30 - 2:30pm	6:30 - 8:30am	9:30 - 11:30am	12:30 - 2:30pm
Normal Class Schedule	6:30 – 7:55 MW 6:45 – 7:55 MTWTh	9:40 – 10:50 MTWTh 9:40 – 11:05 MW 9:40 – 10:55 MWF	1:00 – 2:10 MTWTh 1:00 – 2:25 MW 1:00 – 2:15 MWTh	6:30 – 7:55 TTh	9:40 – 11:05 TTh 9:40 – 10:55 TThF	1:00 – 2:25 TTh 1:00 – 2:15 TThF

Day and Date Of Final Exam	WEDNESDAY Dec 16			THURSDAY Dec 17		
Time of Exam	8:00 - 10:00am	10:30 - 12:30am	1:00 - 3:00pm	8:00 - 10:00am	10:30 - 12:30am	1:00 - 3:00pm
Normal Class Schedule	8:15 – 9:25 MTWTh 8:00 – 9:25 MW 8:00 – 9:15 MWF	11:20 – 12:30 MTWTh 11:20 – 12:45 MW 11:20 – 12:35 MWF	2:20 – 3:30 MTWTh 2:40 – 4:05 MW	8:00 – 9:25 TTh 8:00 – 9:15 TThF	11:20 – 12:45 TTh 11:20 – 12:35 TThF	1:45 – 3:10 TTh 1:45 – 3:00 TThF

EVENING CLASSES

CLASSES MEETING AT 3 PM OR BEFORE 5 PM			CLASSES MEETING AT 5 PM OR BEFORE 6 PM			CLASSES MEETING AT OR AFTER 6 PM		
Class Meets	Exam Date	Time	Class Meets	Exam Date	Time	Class Meets	Exam Date	Time
M	M Dec 14	4 – 6 pm	M	M Dec 14	4 – 6 pm	M	M Dec 14	7 – 9 pm
T	T Dec 15	4 – 6 pm	T	T Dec 15	4 – 6 pm	T	T Dec 15	7 – 9 pm
W	W Dec 16	4 – 6 pm	W	W Dec 16	4 – 6 pm	W	W Dec 16	7 – 9 pm
Th	Th Dec 17	4 – 6 pm	Th	Th Dec 17	4 – 6 pm	Th	Th Dec 17	7 – 9 pm
MW	M Dec 14	4 – 6 pm	MW	W Dec 16	4 – 6 pm	MW	M Dec 14	7 – 9 pm
TTh	T Dec 15	4 – 6 pm	TTh	Th Dec 17	4 – 6 pm	TTh	T Dec 15	7 – 9 pm

In the event of a conflict, speak with your instructor to schedule an alternate time to take the final.

THE VALLEY STAR STAFF & INFO

THE VALLEY STAR is published by students of the Journalism and Photography classes as a learning experience, offered under the college journalism instructional program.

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Editorial and Advertising Offices are located at 5800 Fulton Avenue Valley Glen, CA 91401 (818) 947-2576.

EDITOR IN CHIEF
SARAH KNOWLES

ONLINE EDITOR
ISRAEL GUTIERREZ

PHOTO EDITOR
SCOTT MITCHELL

OPINION EDITOR
ROBERT KING

VALLEY LIFE EDITOR
ANAND RAMACHANDRAN

SPORTS EDITOR
LUCAS THOMPSON

CHIEF PHOTOGRAPHER
SAMUEL OKSNER

MANAGING EDITOR
JOSHUA SPENCE

COPY EDITOR
JAMIE NORRIED

ADVERTISING MANAGER
CHIP RUDOLPH

STAFF WRITERS
RAY BLUMHORST, GUADALUPE GONZALEZ, NATALIE KESHISHIAN, SUSAN MASHEVICH, JORGE MONICO, CHARLES RANDLE, RUBEN SAENZ, CRISTINA SERRATO, JONATHAN SEELEY, SCOTT SULLIVAN, IVAN ZUNIGA

STAFF PHOTOGRAPHERS
KIRA GARCIA, MONICA MORON, ANA ROSA MURILLO, DANE R. NAIMY

ILLUSTRATORS
LEONARDO ALANNIS, EDUARDO HERRERA

ADVISERS
BILL DAUBER, ROD LYONS

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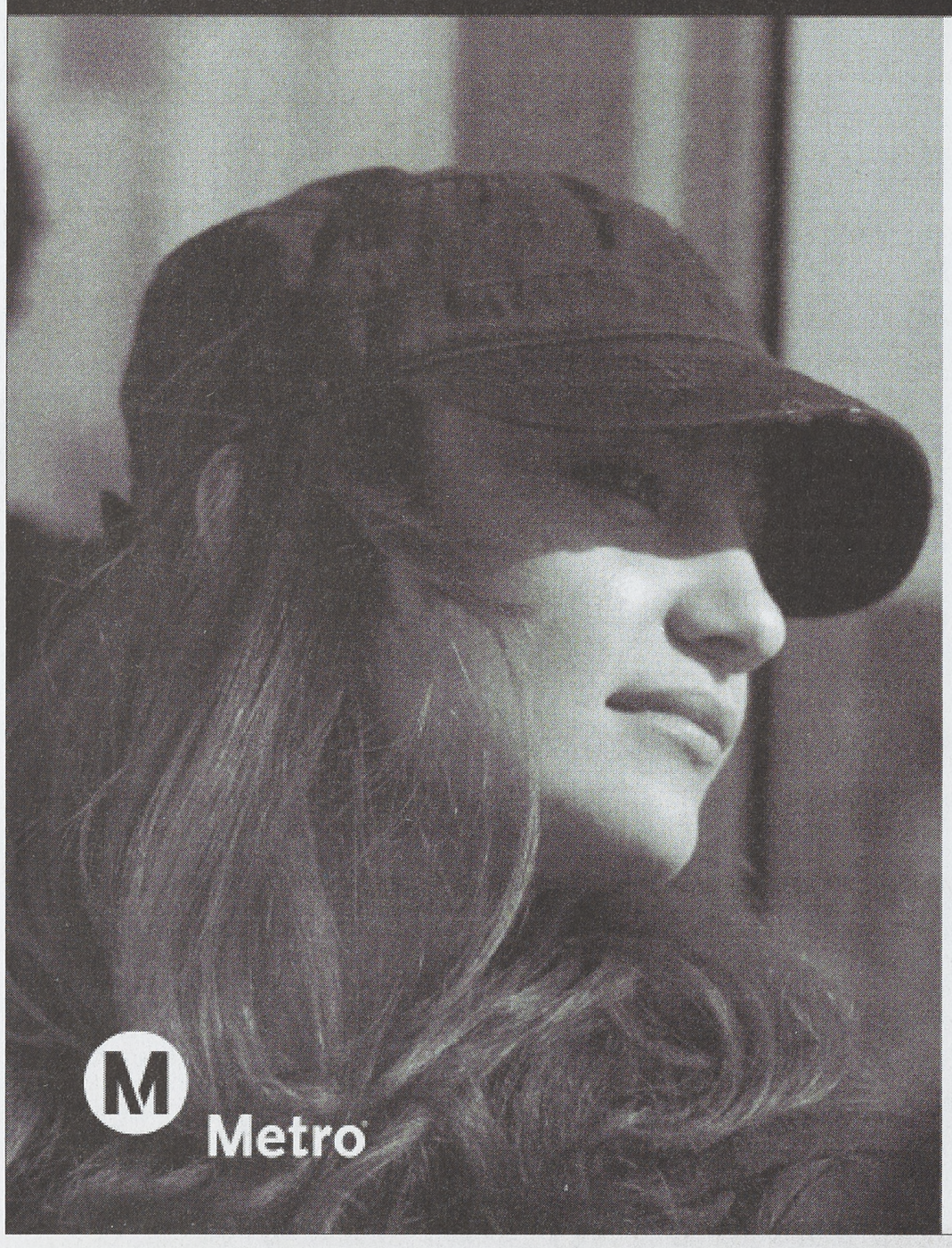
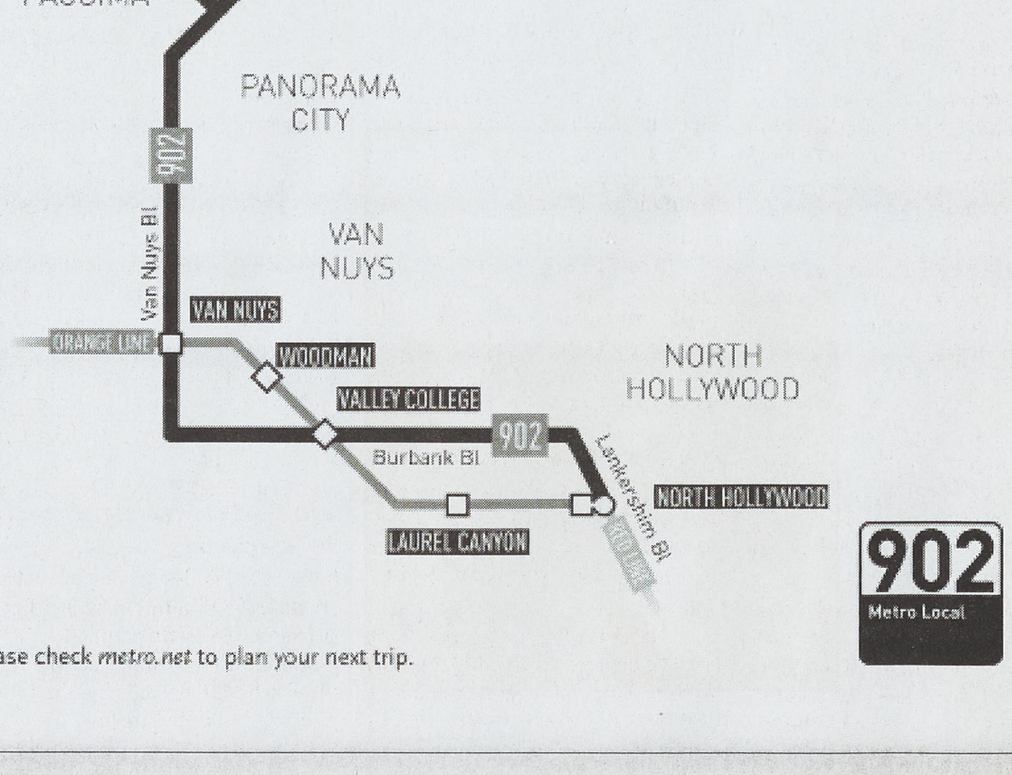


Orange Line Riders: Save Time with Line 902
Metro's new Line 902 saves time during your rush hour commute with direct service between Van Nuys Boulevard, LA Valley College and Metro Rail's North Hollywood Station. Line 902 also provides local service along Van Nuys Boulevard, giving you easy connections to:

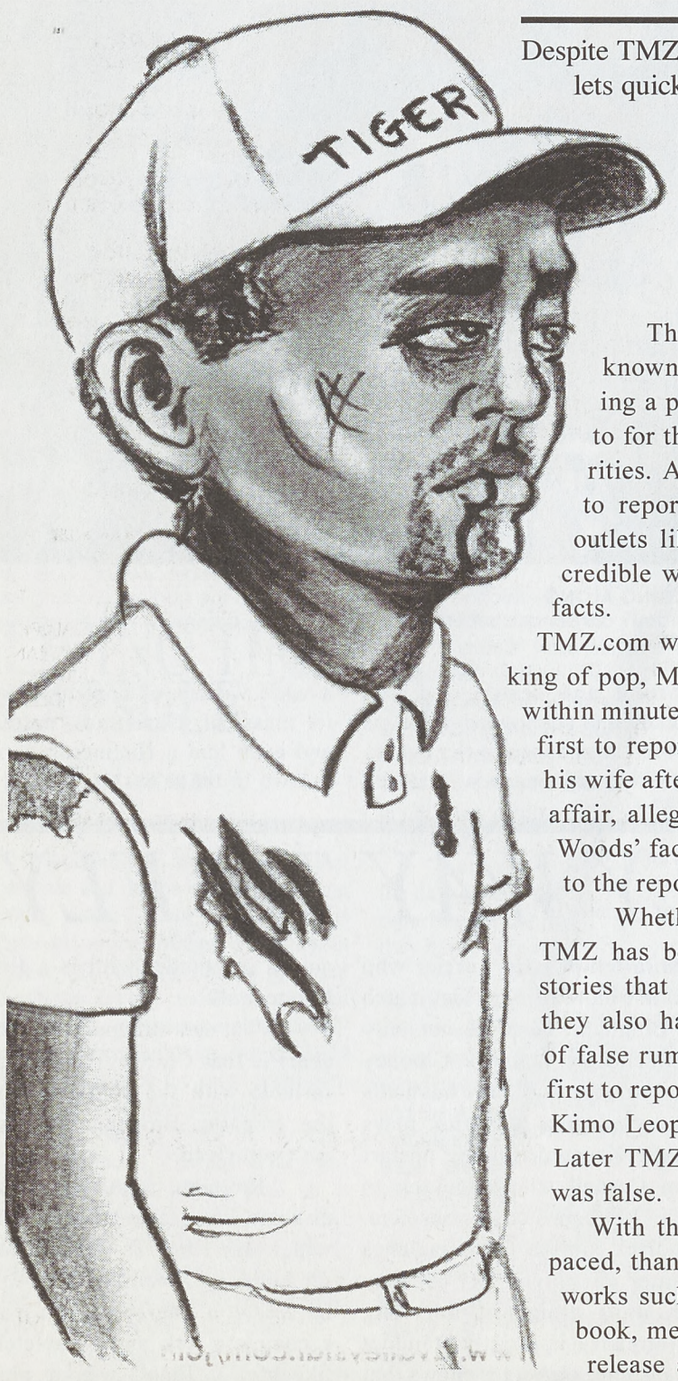
> Pacoima Civic Center
> Van Nuys Civic Center
> Van Nuys Boulevard Shopping
> Van Nuys Amtrak/Metrolink Station
> And more!



Please check *metro.net* to plan your next trip.

EDITOR'S NOTE:
The views expressed on this page are solely those of the writer and do not necessarily reflect those of the Valley Star, its instructors, editors, staff or those of Los Angeles Valley College, its administrators, faculty, staff, or students.

IS TMZ REALLY AHEAD OF OTHER OUTLETS?



Despite TMZ and other similar media outlets quick reporting on celebrity gossip, publications like the L.A Times still win in reliability.

NATALIE KESHISHIAN
STAFF WRITER

The gossip media website TMZ, known for its sleazy stories, is becoming a popular source for readers to turn to for the latest breaking news on celebrities. Although TMZ has been the first to report many headline stories, media outlets like the L.A. Times are far more credible when it comes to getting the true facts.

TMZ.com was the first one to report that the king of pop, Michael Jackson, had passed away within minutes of his death. They were also the first to report Tiger Woods' altercation with his wife after she found out about his alleged affair, alleging that the cuts and bruises on Woods' face were from his wife and not due to the reported car accident.

Whether its pure luck or fast reporting, TMZ has been able to break several news stories that have turned out to be true. Yet they also have fed us with a large number of false rumors. For example, TMZ was the first to report that the former UFC champion Kimo Leopoldo had died of a heart attack. Later TMZ retracted the story, claiming it was false.

With the news media becoming so fast paced, thanks to the internet and social networks such as Twitter, MySpace and Face book, media outlets race to be the first to release a breaking story in order to get all the glory. That's why TMZ has become so popular, due to its quick reporting of the latest news.

According to MondayNote.com TMZ reaches 10 million people per month, which is the same amount as the Washington Post and half of The New York Times.

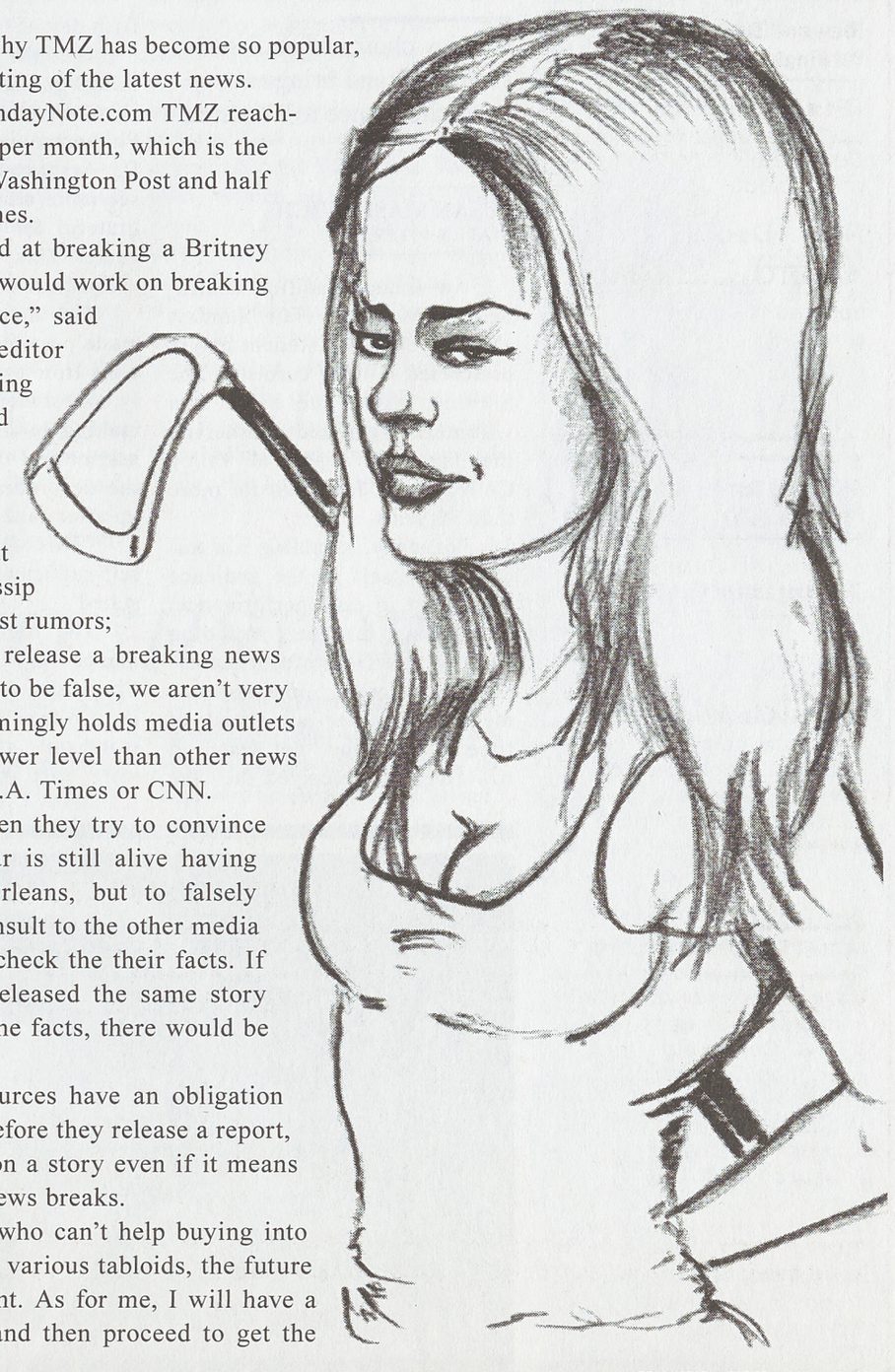
"We work as hard at breaking a Britney Spears story as NBC would work on breaking a President Bush piece," said TMZ's managing editor Harvey Levin according to an article posted in The New York Times.

Perhaps the public assumes that most of what the gossip news media says is just rumors; therefore, when they release a breaking news story and it turns out to be false, we aren't very shocked. Society seemingly holds media outlets such as TMZ at a lower level than other news sources such as the L.A. Times or CNN.

It's one thing when they try to convince us that Tupac Shakur is still alive having cocktails in New Orleans, but to falsely report a death is an insult to the other media outlets that actually check the their facts. If the LA Times had released the same story without confirming the facts, there would be greater ramifications.

Reliable news sources have an obligation to check their facts before they release a report, and should hold off on a story even if it means coming in after the news breaks.

Thanks to those who can't help buying into the bold headlines on various tabloids, the future of TMZ will be bright. As for me, I will have a good laugh from it and then proceed to get the facts elsewhere.



EDUARDO HERRERA | VALLEY STAR

VALLEY VIEW | IS TMZ A REPUTABLE SOURCE?

ANA ROSA MURILLO | VALLEY STAR

"I would not say TMZ is reputable. I wouldn't use it as my only source."
- SAM PROCARO, UNDECIDED

"I like the fact that TMZ is not too harsh. If I want hard news I'll watch the BBC."
- GOHAR MOURADIAN, INTERNATIONAL AFFAIRS

"It's for entertainment and publicity. It can help the stars out."
- GARRETT CHARBONEAU, MEDIA ARTS

"Stars can use it to their advantage. I don't take it seriously."
- DORIAN NETTLES, COMPUTER SCIENCE

COLLEGES BENEFIT MORE THAN STUDENTS

SUSAN MASHEVICH
STAFF WRITER

Los Angeles community colleges have transformed over the years and now play a vital and high functioning role in our society. Colleges always bring local areas business and extra services, students form a spending and hiring base that businesses thrive on.

Like most schools, community colleges focus efforts to benefit their students before the community, yet the services are offered to a much larger variety of students than other colleges and the students are often people who come from the surrounding community.

"'We are the people's college,' to quote Assemblyman Warren Furutani," said Valley President Sue Carleo. "Because we recognize our community's educational needs, we are able to make a difference in the lives of our area residents. While many go on to other colleges after they leave Valley, our work has helped pave the way for their future success."

When these colleges grow in size and population, like Valley has over the years, funding received for new buildings and services can also be shared with the community. An article posted on Allbusiness.com stated that seven of the top ten cities with the lowest unemployment rates in the country are college towns.

When Valley was founded on Sept. 12, 1949, the need for such an institution was quickly realized during the boom in the San Fernando Valley during the 1940s. On opening day the first enrollment totaled 439 students, by 1952 the fall enrollment was up to 2,300 students. Over the years numbers kept growing, exceeding 17,000 students, and 2009 had a reported1,000 student increase during this fall semester.

Transferring is an important factor for recent high school grads, yet many community college student ages range beyond the standard 18- to 24-years-old. The Foundation for Community Colleges stated that 70 percent of California's new registered nurses and 80 percent of the firefighters, law enforcement officers, and emergency technician specialists graduated from schools like Valley.

These colleges set a new standard of accessibility to higher education. Undergraduates attending community colleges from 1989 to 1999 grew from 39 to 41 percent, as reported by American Council on Education. Today the low cost tuition and college transferable classes offered at these institutions are the economically smarter choice for high school graduates, which creates another boom in attendance.

According to Student Right-To-Know, Valley ranks third highest among the Los Angeles Community College District in the number of students who transfer to UC and CSUs.

Also, in recent years Valley has been helped by ballot initiatives to "further improve college facilities." This funding has let the school put $286 million into renovating and building more energy efficient buildings using Leadership in Energy and Environmental Design, updating the campus for students, and being an example of change in the community.

The college has come a long way since it's opening day when the campus was made up of five bungalows as described in "Valley History." Community colleges have stood the test of time and proven to produce results and benefits for those who attend and the communities surrounding them.

WHERE DID THE CINEMATIC SPIRIT OF CHRISTMAS GO?

The sad truth is that the classic Christmas films will soon be forgotten.

CRISTINA SERRATO
STAFF WRITER

After a childhood of falling in love with everything Christmas, I'm saddened to realize that a piece of that is dying.

Classic Christmas movies are long forgotten by the current Twitter, Youtube.com and Blackberry obsessed generations who have little patience for black and white movies and the cheesy plotlines of the classic Christmas film.

"'It's a Wonderful Life' is one of the most inspirational movies of my life," said Dr. Alfred Zucker, English department chair. "I still watch it several times a year."

Large television corporations produce less revenue with classic Christmas films because newer Christmas movies have more special effects or a more up-to-date spin that are more attractive to the target audience. With audience and revenue concerns and copyright disputes like in the case of CBS-owned "It's a Wonderful Life," fewer of the Christmas classics that many of us grew to know and love are being shown on television.

Movies such as "Miracle on 34th Street" and "A Christmas Carol" are getting less and less airtime in the recent years. Instead, some classics have been remade, revamped and re-aired to a newer, more profitable target audience.

Many people, including Valley student Tenisha Young, feel that the revamped versions do an injustice to the originals.

"Classic Christmas movies remind me of my childhood," she says. "A lot of the re-makes are crap, the original versions are always better."

Although many people may not care that the classic Christmas movies have received "makeunders" and that the art of a true Christmas film may be forever lost, it bothers a few. The loss of the Christmas movies' soul can be blamed on the youths' disinterest, the media's constant drive for sales or just seen as a sign of the times. Whatever it is, it's horrible.

There are a few newer movies, like "The Nightmare before Christmas" and " The Santa Clause" that could possibly become classics in the near future. However, they too will surely be butchered over and over as Hollywood tries to milk everything for its last penny.

"I blame the media, the media is horrible. Christmas is not what it used to be," said Valley finance student Y.A.Z. "I always just watch whatever is on TV, I don't really know the classic or have a favorite classic Christmas movie."

LEONARDO ALANNIS | VALLEY STAR

I know that every time a bell rings an angel its wings, I closely guard my turkey for wayward dogs, and I can still name all of Santa's reindeer, Prancer being my favorite. It's sad that the next generation doesn't get the chance to fall in love with Prancer or the Red Rider BB gun.

WHAT DO YOU THINK?
Letters to the editor can be sent to editor@lavalleystar.com or submitted online at www.lavalleystar.com. Letters must be limited to 300 words and may be edited for content. Full name and contact information must be supplied in order for letters to be printed. Send by Thursday for the following week's issue.

LAVC Events

Now - Dec. 10
Parent & Baby Sessions (Infants) Thursdays from 12-1 p.m. (Bungalow 49). Contact: Family Resource Center 818.778.5612 or huff-gf@lavc.edu

Now - Dec. 17 Monday - Thursday
"In Plain View: Photographs from the Vietnam War" Mini Exhibit @ 9-10 p.m. (Art Building Hallway Display Cases); Free Contact: 818.778.5536

"Seeing in Color: Photographs from the Stephen White Collection II" Exhibition @ 11-2 p.m. & 6-9 p.m. (Art Gallery); Free Contact: 818.778.5536

Dec. 10-11
"Annual Studio Showcase Performance"presented by Dance Program @ 7:30-9:30 p.m. (Dance Studio, North Gym); Tickets: $5 Contact: Geordie Wright 818.947.2908

Saturday, 12
Naturalization Information Session sponsored by U.S. Citizenship and Immigration Services & LAVC Continuing Education/Citizenship Center @ 9 a.m.-noon (Monarch Hall) Contact: Continuing Education 818.778.5594

Valley Symphony Orchestra "Mozart and his Czech-mates!!" presented by Music Department @ 8 p.m. (Main Stage Theater); Tickets: $15-25 Contact: Music Department 818.778.5633

Dec. 14-19
Fall 2009 Final Examinations

Sunday, 20
Fall 2009 Semester ends

2010
Jan. 1
Campus Closed for Holidays.

Jan. 3
Winter Session 2010 Deadline for Residency Determination.

Jan. 4
Winter Session 2012 day and evening classes begin.

Winter Session 2010 First day to petition for credit & no-credit classes.

Think Transfer!

CSUs still open for Fall 2010 transfer applicants: Bakersfield, Dominguez Hills, East Bay , Fresno , Maritime, San Bernardino , and Stanislaus

USC Fall 2010 transfer application deadline Feb. 1, 2010.

Cal Arts Fall 2010 transfer application deadline Jan. 5, 2010

FAFSA 2010-2011 application filing period Jan. 1-March 2 www.fafsa.ed.gov

Dec. 10
UCLA rep 9-3p.m. Career/Transfer Center

Antioch Rep 2-6 p.m. Monarch Square

For further information contact the Career/Transfer Center (Administration 126), 818.947.2646.

SHINING NIGHT CAROLS ITS WAY INTO THE HOLIDAYS

Holiday choir and audience sing-along and brings in loyal attendance to Monarch Hall.

SUSAN MASHEVICH
STAFF WRITER

An annual tradition continued in Monarch Hall Sunday, as three different student choirs preformed holiday carols at The Shining Night. The event is a volunteer-organized gathering that has been a part of Valley College's holiday spirit for more than 30 years.

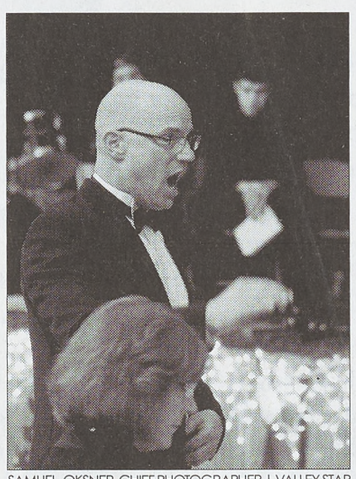
For many, attending is a tradition in itself as the audience takes part in each performance. Sing along favorites including "The Twelve Days of Christmas" pleased the crow. Some audience members showed up ahead of time to catch the "hot seats" in row five, who received the "the fifth day of Christmas" verse.

"People come here to let things go, have lots of fun," said Director and conductor of the Philharmonic Choir, Dr. Michael H. Arshagouni. "We'd like to see more attendance, but we are grateful for the people who do come. This year the crowd is enthusiastic."

The annual event is entirely made possible because of volunteers from the faculty, community, and students. All the students making up the choirs take part in assembling the event, including the decorations, food and clean up afterwards.

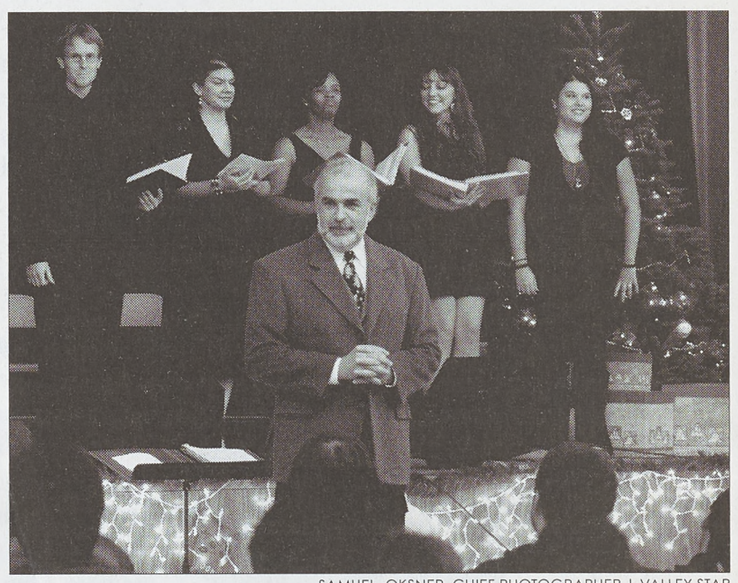
"This event is completely self-sufficient," as Glenn Carlos stated.

The night featured performances by the Philharmonic Choir, Vocal Jazz Ensemble, and the College Choir. Many of the stand-out student performers were part of Valley's Applied Music Program.



SAMUEL OKSNER, CHIEF PHOTOGRAPHER | VALLEY STAR

IN THE LEAD - Glen Carlos leads the choir into song, and encouraged the audience to sing along.



SAMUEL OKSNER, CHIEF PHOTOGRAPHER | VALLEY STAR

SINGING ALONG - Michael H. Arshagouni talks to the audience during last Sunday's Christmas concert. Arshagouni led the ceremony with his enthusiasm.

"There are 16 slots open every year. It's very competitive," said Glenn Carlos, one of the two directors and conductor of the Vocal Jazz and College Choir explained.

English Chair Alfred Zucker sat front and center, and was thanked and acknowledge for his devoted attendance to the event.

The performances featured a wide variety of contemporary to classical Christmas carols, and even had a Hannukah carol thrown in the mix.

SCOTT MITCHELL, PHOTO EDITOR | VALLEY STAR

VICTORIOUS - Sandy Mayo, who recently received the all-clear after almost a year of battling lymphoma.

A BATTLE WON FOR THE VP OF VALLEY

Valley Vice President of Academic Affairs proudly claims victory over cancer.

CRISTINA SERRATO
STAFF WRITER

"Woo hoo!" rang through the phone as an exuberant Sandy Mayo announced her triumph over Hodgkin's Lymphoma, a deadly cancer that she has battled for almost a year. Mayo's doctor told her recently that the cancerous mass in her neck is gone and her lymph nodes are fine. She is cancer free.

"I told her that was the only acceptable answer," Mayo said of the conversation with her doctor. "I wouldn't hear anything else."

The Lymphoma cancer couldn't stop Sandy Mayo, who has maintained her position as Vice president of Academic Affairs since she was diagnosed 11 months ago. campaigned and fundraised for "Light the Night," a lymphoma walk, established by the Leukemia and Lymphoma Society. Mayo, along with Karen Kapps and Erline Ewing, from the academic affairs office, has already planned to participate in next years walk.

"When Sandy walked into my office, she threw the PET scan down on the desk and I read it. I said, 'Oh my God, she's cancer free," Erline Ewings said of Mayo's recent diagnosis. "I'm just elated."

Although her doctor believes she's cancer free, or at least in full remission, she will have check-ups every three months until her physician determines that she is truly cancer free, but even then, she will for the rest of her life have to be wary of the cancer returning and continue with cancer screening. However, Hodgkin's Lymphoma is a highly curable cancer and 75 percent of survivors go on to be cancer free for the rest of their lives, according to a recent article in Lifesteps.com.

"Our VP is 100 percent again, she's great, her energy is coming back, she enthusiastic," Sue Carleo, President of Academic affairs stated. "We're moving forward together."

Mayo will soon be in meetings and around campus without a hat for the first time in nearly a year. When Valley student Rachel Watkins heard that Mayo was cancer free, she said with a great big smile, "I absolutely think it's great she's here; it's great for the campus to have her 100 again. Congrats to Sandy."

THE ONLY WAY TO FLY

JOSH SPENCE
MANAGING EDITOR

The genius of George Clooney as an actor is his ability to add life to characters that are seemingly born in the morgue. Combine Clooney's abundant subtlety and charm with Jason Reitman's thoughtful script and you get a smart and visual stunner in "Up in the Air."

Adapted from the Walter Kirn novel, the film tackles the definition of isolation and happiness while toying with the idea of technology and the loss of humanity. Clooney plays Ryan Bingham, a professional termination counselor who flies across America's breadbasket firing corporate employees because everyone else is afraid to. Bingham has made a life of being a corporate lone wolf until meeting two completely women who challenge his theory that people aren't swans, their sharks.

Vera Farmiga is excellent as Alex, a fellow road warrior who couldn't more of a perfect match for Bingham. Farmiga not only unflinchingly matches Clooney wry smile for wry smile but holds her own. Anna Kendrick plays Natalie Keener, a young upstart from Cornell whose looking to make Bingham's career obsolete. Kendrick, unlike Farmiga, does a better job playing off Clooney than going straight at him. Her performance is strictly standout because her character shows that in order to make more profit in business these days, integrity and humanity is becoming exponentially less of a priority.

Clooney's performance is the centerpiece of the film. Bingham does have qualities comparable to (director) Reitman's other main characters (Nick Naylor and Juno MacGuff) in that all deal with exploring the unknown or loss of innocence. The fact that Clooney plays a lone wolf who doesn't want companionship or love but has empathy for the people he comes in contact with is a fine line to walk.

What sets this performance apart is that Clooney is so comfortable with the character and the empathy Bingham conveys isn't contrived.

Reitman, as a writer and director, has grown substantially with every film. In "Thank You for Smoking," Reitman was able to create a character that was a complete jerk and completely likeable. "Juno" was a phenomenon because of Ellen Page and Diablo Cody but Reitman was able to present a controversial topic that pro- choice and pro- lifer both found appealing. With "Up in the Air," the director seamlessly combines the two while leaving the film open for interpretation. This is a master stroke given that this leaves the meaning of the film open to every viewer.

For those who've seen Reitman's work before, there is nothing to expect except and finely crafted piece of cinema.

VALLEY NURSING STUDENTS AWARDED SCHOLARSHIPS

Kaiser Permanente awards Nursing students with $19,000 in scholarships.

GUADALUPE GONZALEZ
STAFF WRITER

Kaiser Permanente is helping Darnell Camanzo follow his family's footsteps in Nursing by awarding him a scholarship to help him with his school finances. He and ten other Valley College nursing students were awarded Kaiser Permanente's Deloras Jones RN Scholarship, receiving $19,000 in scholarships ranging from $1,000 to $2,500. The scholarships were primarily based on financial need and were awarded to help students meet expenses and complete their education.

The recipients- Darnell Camanzo, Olga Chicuorka, Mayesiha Compton, Kristel Dongallo, Edward Ghoogasian, Rosavae Hipolito, Meydi Leung, Irina Manukyan, Grazina Martynovic, Alena Mikhed, and Caroline Shayestehrad- were recognized in an award ceremony last month.

"It's wonderful! We had the most of all the [community college] schools!" said Maria Pablico-Holm, assistant chair of Valley's nursing department and chair of the scholarship committee. She said Valley has such success because the students are "very proactive" at applying themselves in their studies.

The Academic Excellence award for undergraduate and graduate students required a minimum 3.8 GPA. Other categories for awards were Graduate/ Doctoral Studies (registered nurses pursuing an MSN, DNSc or PhD); Underrepresented Groups in Nursing (minority and male students); and Nursing as a Second Career. Additionally, a $1,000 scholarship was awarded to a student in each nursing program affiliated with Kaiser Permanente.

"It's really great. I've actually never won anything before, so it's a great feeling," said Darnell Camanzo who received a scholarship for $2,000. He found out about the scholarship from the bulletin board managed by Professor Pablico that has numerous scholarship postings.

Grazina Martynovic also discovered the scholarship on the bulletin board, applied, and was awarded $2,000. She is pursing nursing because she enjoys helping and taking care of people.

"I think nursing is one of the most challenging careers," she said. "You need to know a lot, and you need to be able to apply your knowledge and help all your patients."

She said the scholarship will help her with books and additional materials.

Kaiser Permanente's Deloras Jones RN Scholarship program has awarded more than $4 million to 1,942 students statewide since it was established in 2001. This year they awarded 145 scholarships totaling $256,500 to 46 Southern California colleges.

CELEBRATING 60 YEARS AT VALLEY COLLEGE

VALLEY COLLEGE IS BORN

RAY BLUMHORST
STAFF WRITER

On Oct. 7, 1949, the yet unnamed Valley College student newspaper ran a message prepared by Valley College's first director, Dr. Vierling Kersey. "On Being Born A College," read the headline. The words near the end of the first paragraph in Dr. Kersey's message disappear illegibly beneath the yellowed scotch tape, holding the badly deteriorated 60-year-old newspaper together.

"Valley College is born," said Dr. Kersey in the article. "It is a vigorous, lusty, dynamic entity. It has no beautiful campus, no ornate buildings, no imposing facilities. It was born because of demand. It is a zestful student body. It is a devoted faculty. It displays surging ambition. It is moving toward distinction. It has personality. It is living in its infancy, in enthusiasm, happiness, patience and hope. It promises…"

The story of the first year of Valley does not end as the words disappear under the tape. A binder in Bungalow 16, Valley College's historical museum, chronicles Valley's first year. The binder contains all the publications of the student newspaper from the first year of Valley's existence.

As described by Dr. Kersey, Valley had no beautiful campus when it first began. Classes were held in Van Nuys High School, until a land site could be obtained for Valley to build on.

"Dr. Alexander Stoddard, superintendant of the Los Angeles City schools, with Dr. Vierling Kersey visited the future site of Valley College 'somewhere east of Van Nuys' last Wed., Oct. 5," read another article from Valley's first student newspaper. "Dr. Kersey could not state whether any particular location has been accepted by the board of education since soil tests, checks on utilities, and avenues of transportation must be reviewed."

In the Oct. 14 edition of Valley's student newspaper, an article announced the acquisition of the land on which Valley now resides.

"Dr. Stoddard revealed early this week that a 45 ½ acre site has been selected for Valley College," reads the article. "The location is approximately one-half mile out of Van Nuys toward North Hollywood at Chandler and Woodman."

Selection of the location for Valley took into consideration the transportation needs of students in 1949.

"The new campus site is in the center of a beautiful residential district and will be easily accessible to the entire valley as the red-car line runs down Chandler Blvd," said the article.

The 439 students who attended that first semester at Valley were only a fraction of the thousands of students that now attend. Approximately twice as many men were in attendance in 1949 as women, "154 co-eds - 285 men," according to the Valley Star. Today more women attend Valley than men, "10,244 females – 7,020 males," according to MatchCollege.com. The bungalows that made up the vast majority of classrooms at Valley are being demolished as more modern classroom buildings are built. The needs of the community, driving the shape and direction Valley takes, is one facet of Valley that hasn't changed.

LIVING TIME CAPSULE

RAY BLUMHORST
STAFF WRITER

Bordered on the west by Ethel Avenue and on the north by parking lot E, Valley College's Field House is an unassuming building. The Quonset hut-styled building has no apparent aesthetic appeal, and is surrounded by newer, and more architecturally distinguished buildings, but the Field House was once the most prominent building on Valley's campus.

On May 5, 1950 at 11 a.m., Valley Director Vierling Kersey formally dedicated Valley Hall, as it was then called. It was Valley's first gymnasium and the biggest building to have been built on the site of the new college, according to a May, 1950 edition of the Valley Star.

"Symbolsare the characteristics, ideals, and principles which will give Valley an educational and social standing not to be surpassed," said Kersey. "College Hall symbolizes future educational growth of Valley."

On the day of the dedication, athletic events were staged to celebrate the College Hall's opening. Highlighting the affair was a fencing demonstration and a boxing demonstration. Members from 50 service clubs were also in attendance to celebrate the opening of Valley's new gymnasium.

"Everyone on campus is proud of the new college hall," said Joy Joyce, reporting for the Valley Star, "…and they have every reason to be."

On the evening of May 6 from 8:30 p.m. – midnight, the Monarchs christened College Hall with its first social event, a dance jointly sponsored by the Associated Men Students and the Associated Women Students. Admission to the dance was $1.20 for which the dancers also got a chance at a door prize.

Today, the Field House is dwarfed in size and technologically outclassed by newer buildings like the Allied Health Science building, sitting a few yards to the west. But if years of loyal service and nostalgic value contribute anything to a building's worth, then the Field House has a value that has appreciated steadily from the very first year when Valley College was born.

WALKING INTO HISTORY

RAY BLUMHORST
STAFF WRITER

Often taken for granted are the old bungalows lining the south side of Valley College, but little do many Valley students know how rich in history is that lowly section of Valley's campus.

In 1951, joy filled the spirits of Valley students to be so privileged as to attend college in the modern accommodations offered by those now dilapidated bungalows.

Valley moved to its present site of 105 acres during the summer of 1951, according to the "History of Valley College, Building and Grounds," part of a research paper by Robert Cole in the Valley Historical Museum.

"To house the student body, 11 of the 16 temporary bungalow structures at Van Nuys were removed and 22 of the same type of structures were built," said Cole.

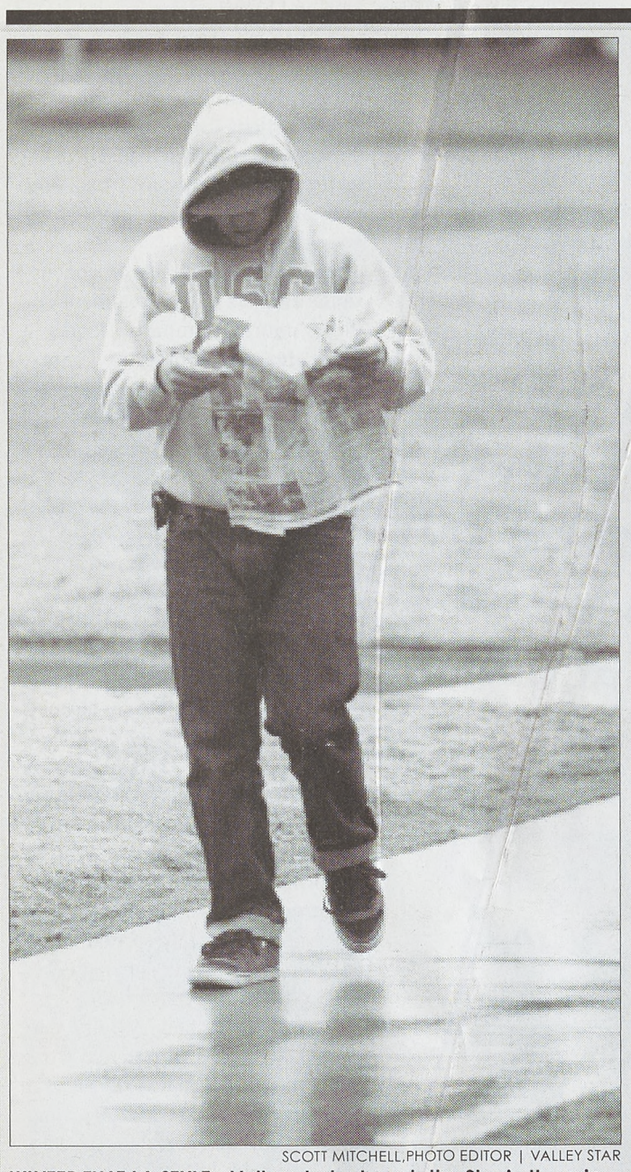
Valley's Historical Museum (Bungalow 15) offers a glimpse into Valley's history as well as a glimpse into San Fernando Valley history. In fact, Bungalow 15 is a piece of Valley's history, as it originally served as the administrative offices for Valley.

Walking through the maze of Valley's bungalows, it is possible to get a sense of what Valley must have looked like six decades ago, when first it was a college. To the south is an area referred to as "Quad Park." It's the original quad area of Valley, where students congregated to study, or just to chat. Near bungalow 10, lives one of Valley's biggest, and likely oldest, trees. It was once a towering Eucalyptus tree, but it's been pruned back for safety reasons. At its base, the tree's trunk is approximately five feet in diameter.

A photograph taken in 1936 shows a 145-acre site in the Los Angeles suburb of Van Nuys, as the future home of Valley College, according to an article by Marylin Bachman in Crown Magazine, Spring 2009.

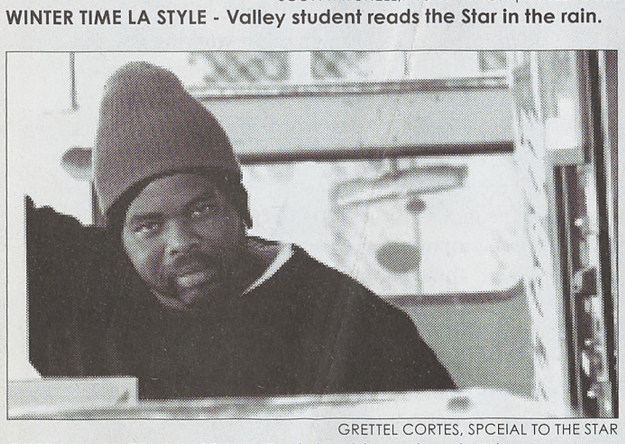
"The DuPlessis owned the property, which housed a dairy farm and had a beautiful old barn and farm house bounded on all sides by stately trees that remain today," said Bachman.

Valley's historical past may soon be passing into history. Valley's Historical Museum is scheduled to be moved into the new Library and Learning Resource Center upon that project's completion, and Valley's Master Plan of Projects shows all bungalows to be removed in future building projects. Soon Valley's history will primarily be viewable only in pictures and articles in Valley's museum.



SCOTT MITCHELL,PHOTO EDITOR | VALLEY STAR
WINTER TIME LA STYLE - Valley student reads the Star in the rain.

SCOTT MITCHELL, PHOTO EDITOR | VALLEY STAR
OUTSIDE LOOKING IN - A young girl watches childrn train in the new Valley College pool as winter approaches the southland.



GRETTEL CORTES, SPCEIAL TO THE STAR
CUSTODIAN ON CAMPUS - C J takes his work seriously.

WRITER, (POSITION IF NEEDED) | VALLEY STAR
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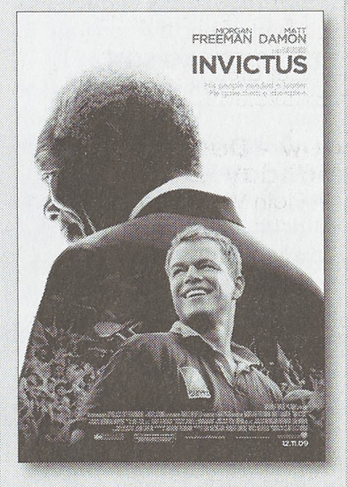
@THE MOVIES

OPENING THIS WEEKEND



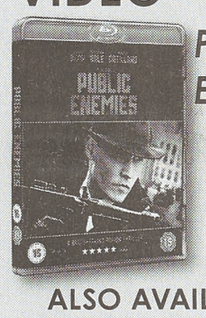
INVICTUS
A FILM BY CLINT EASTWOOD
MORGAN FREEMAN, MATT DAMON

TOP 5 PLAYING:

- *The Blind Side: $20M+*
- *New Moon: $15.4M+*
- *Brothers: $9.5M+*
- *Disney's A Christmas Carol in Disney Digital 3D: $7.7M+*
- *Old Dogs: $6.8M+*

MEDIA RELEASES

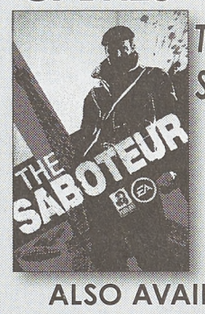
VIDEO



PUBLIC ENEMIES

ALSO AVAILABLE:
- *Harry Potter: Years 1-6*
- *Julie & Julia*
- *Carolina*

GAMES



THE SABOTEUR

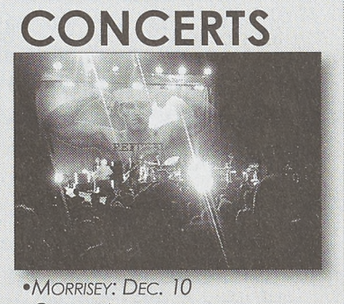
ALSO AVAILABLE:
- *Silent Hill: Shattered Memories - Wii/PS2/PSP*
- *Your Shape - PC Version*

MUSIC

ALICE COOPER
Love It to Death

ALSO AVAILABLE:
- *Neil Young - Harvest Moon*
- *Chris Brown - Graffiti*
- *Gucci Mane - State v. Radric Davis*

CONCERTS



- *Morrisey: Dec. 10 Gibson Amphitheatre*
- *Aventura: Dec. 15-16 Staples Center*
- *Camp Freddy: Dec. 18 The Roxy Theatre*
- *George Lopez: Dec. 18-20 Nokia Theatre Live*
- *Lady Gaga: Dec. 21-23 Nokia Theatre Live*

HALL OF FAME SHINES LIGHT ON SUCCESS

The Hall of Fame Committee, now approaching its fourth induction class, is now in the final stages of narrowing down this year's inductees.

LUCAS THOMPSON
SPORTS EDITOR

Roughly five years ago, former Valley College Athletic Director Chuck Ferrero set out to establish Valley's first ever Hall of Fame. Approaching this summer's fourth induction ceremony the goals of the committee will once again be reached as they honor former outstanding athletes of the college.

"Of all of them I've investigated, and I'm only one person on the committee, ours is by far the best of the community colleges," Ferrero said. "I think it's one of the premiere events our school has ever done…it brings everybody back."

The first ceremony, which took place in 2007, inducted 12 honorees including journalist Steve Brener, Head Football Coach Jim Fenwick, Dr. Richard Ferkel of the Southern California Orthopedic Institute, and the entire 1955 championship football team. The induction ceremony and dinner was met with more than 400 attendees, making the event what the committee calls a "big success."

The committee started with four members and now consists of nine including: Ferrero, current Athletic Director Diedra Stark, Head Researcher Brick Durley, and Committee Chair Paul Sabolic. The group meets each Friday to begin the process of narrowing down each of the possible candidates to be inducted into the Hall of Fame.

SCOTT MITCHELL, PHOTO EDITOR| VALLEY STAR

DISPLAY OF GREATNESS - Valley student Damon Roberts studies in front of the Hall of Fame Display.

"The fact that Valley hadn't recognized them, they needed to be honored," Sabolic said about past athletes of Valley. "It came together because all of the stars and planets were aligned…it was time to happen."

In conjunction with the Hall of Fame, Sabolic and other committee members have also created the Athletic Endowment Board, which has pledged to raise $100,000 by the end of 2013 for the athletics department. The Endowment was announced at the 2008 induction dinner and has since raised more than $20,000 that will go toward equipment, supplies, travel, and other athletic needs at Valley. The Endowment Advisory board has also asked for smaller contributions in the amount of $100 a year to join the "Green and Gold Club." Collectively the contributions will give opportunities to student-athletes who may not be able to afford equipment necessary for athletics, according to Sabolic.

"We just try to get them back to Valley and have them remember where their roots are," Sabolic said about the event.

The 2009 class included the 1995 football team, NFL linebacker Don Shinnick, Cross Country Coach James Harvey, Aquatic Coach Bill Krauss, and the 1976-1977 men's volleyball team.

The 2010 ceremony will be held this coming June. Inductees will be announced in the coming weeks, according to Ferrero.

"The college has a great legacy of athletics," Durley said. "There are so many great athletes who have attended Valley College. When we started this thing the main [idea] was to honor these people and keep the legacy going. For us, it's kind of like being kids in a candy store to honor them."

Valley College Hall Fame Inductees:

2009
1976-77 Men's Volleyball Team
1995 Championship Football Team
Mark Covert (Cross Country/Track and Field)
James Harvey (Track)
Bill Krauss (Swimming and Water Polo)
Roberta Mulkey (Women's Softball)
Billy Reed (Football/Baseball/Track and Field)
Mike Scarpace (Football)
Don Shinnick (Football)

2008
1975 Football Team
1975-76 Women's Basketball Team
Melanie Clark (Track and Field)
Sue Gossick (Swimming/Diving)
David Summers (Tennis/Basketball)
Lazlo Tabori (Track and Field/Cross Country)
Richard Windham (Football/Baseball)
Eric Yarber (Football)

2007
1955 Football Team
1976 Volleyball Team
Ed Austin (Baseball/Football/Track and Field)
Jim Buffo (Football)
Steve Brener (Sports Information Director/Journalist)
Otis Burrell (Track and Field)
Jim Fenwick (Football)
Fred Grimes (Football)
Cindy Schilling (Swimming)
Southern California Orthopedic Institute (SCOI)
Dave Snow (Baseball)
Mike Wagenbach (Track and Field)

SPORTS ANALYSIS: CONCUSSIONS

UNIVERSITY OF MICHIGAN STUDY CHANGES THINKING

University of Michigan study finds increased risk of dementia in retired NFL players

RAY BLUMHORST
STAFF WRITER

The findings of a National Football League-commissioned and University of Michigan study on dementia risks in retired NFL players could have an impact on local college and high school sports programs, especially football. Football programs at the college level often take cues from the NFL on safety policies, while college and high school players often emulate the conduct of professional athletes.

"This is about more than us," said Sean Morey, Arizona Cardinals player. "It's about the high school kid in 2011 who might not die on the field because he ignored the risks of concussions."

In a phone survey, researchers for the University of Michigan asked retired NFL players, or the caregivers for NFL players, if the players had ever been diagnosed with "dementia, Alzheimer's disease, or other memory related disease." Players in the range of 30- to 49-years-old reported a dementia-related diagnosis at a rate 19 times higher than that of the national average.

When four Valley College football players were asked about their football experiences, two said they'd experienced a concussion at one time as a result of playing football, and only one of the four had heard of the UM study.

"The technology is making protective gear better," said Valley student Eric Jusko. "Mouth pieces are getting better. I think the game can be played safely."

Last year, high school athletes reported having 150,000 concussions, and doctors say younger brains are more vulnerable to injury, according to CBS news.

One member of Valley's football team praised the good things football does for youth.

"I've been playing football since I was a little kid," said Enrique Gomez. "I love the feeling of family it gives. It keeps kids out of trouble. It gives something productive to do."

Assessing the risks of playing football to the benefits, Jusko summarized his experience with the game.

"The risk is worth it," said Jusko. "Football teaches valuable life lessons and builds character. There's no better experience than going out on the field with the guys. It's a privilege to play football."

Every fall, the nation's 1.2 million high school football players suffer some 67,000 concussions, and nearly 41 percent of those affected return to the field too soon, under guidelines set by the American Academy of Neurology, according to The Week Publications.

TIMES ARE CHANGING, BUT IT'S ALL IN THE HEAD FOR CONCUSSION VICTIMS

As players, coaches, and trainers become more knowledgeable about concussions, awareness is the key.

LUCAS THOMPSON
SPORTS EDITOR

An estimated 10 percent of all athletes participating in contact sports suffer from concussions, according to the Sports Concussion Institute of Los Angeles. As the physical trainers, physicians, and players of Valley College become more knowledgeable about the risks of these traumatic head injuries, treatment procedures are also fluctuating.

"Things are kind of changing now," Valley College Athletic Trainer Angelo Cimity said. "We get guys getting concussions, but we have a protocol as far as our doctors are concerned. Time (out depends) whether it's their first or second or what type of concussion."

According to Medicinenet.com there are two main types of concussions. One is a simple concussion in which the patient's symptoms gradually resolve within seven to 10 days. The second is called a complex concussion in which the patient's symptoms are prolonged and their thought processes or brain functions are affected. Any athlete with repeated concussions falls into the complex category. Symptoms can include passing out, lack of concentration, nausea, light-headedness, confusion and blurry vision

"I think every football player has had one," Chargers' inside linebacker Kevin Burnett said in a recent article from the San Diego Tribune. "I think it's just a matter of time. If you ain't had one, you ain't played the game long enough."

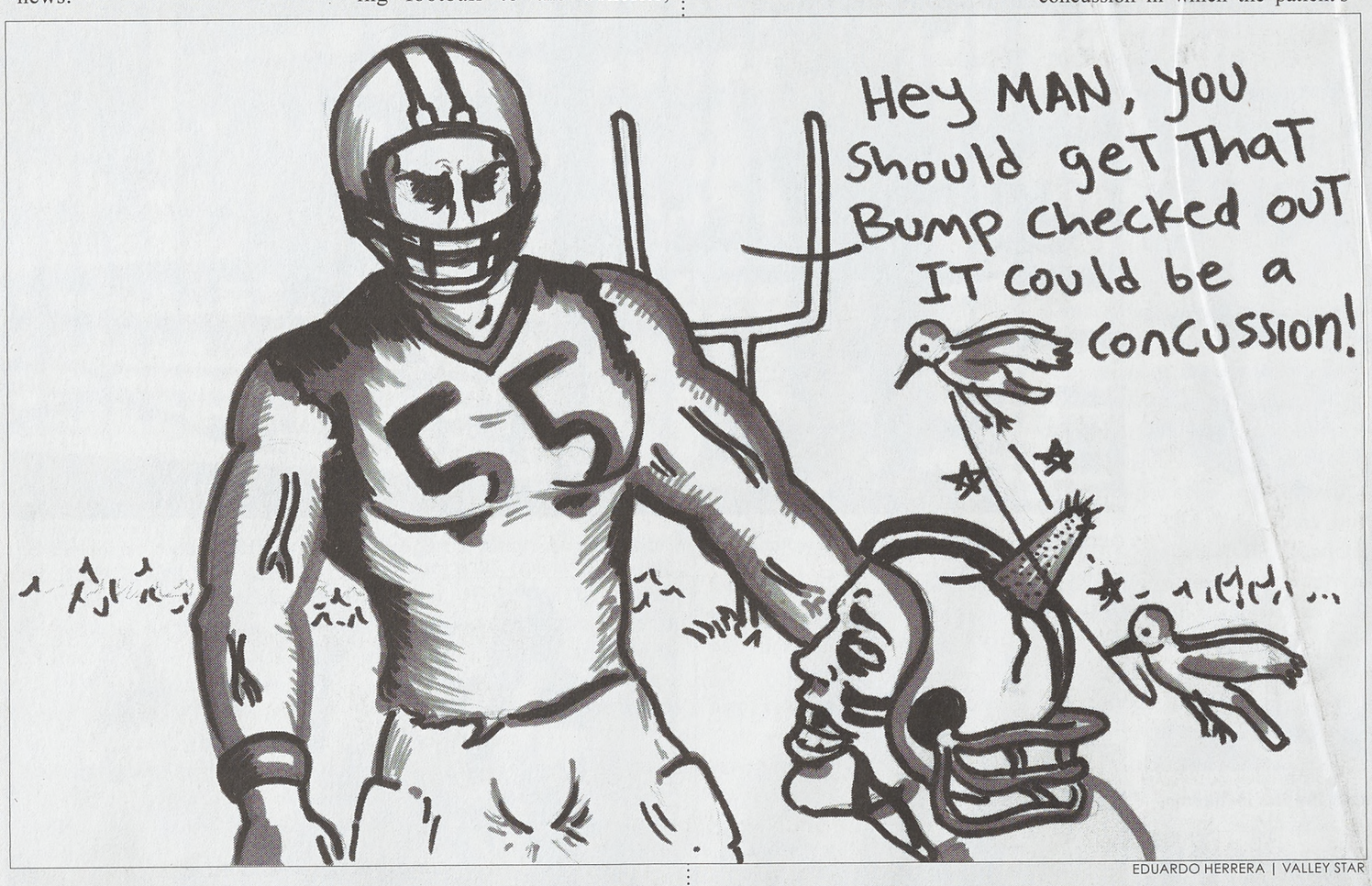
Because the lines of concussions are hazy, the treatment for these injuries similarly shares a gray area. According to Cimity, treatment for a first concussion consists of one week of as little brain stimulation as possible. This includes no practice, class, television, or any function that may give the brain too much activity. According to the Valley training staff, the less stimulation, the better. After one week the staff begins rehabilitation and testing in the form of mild cardiovascular workouts. Once the athlete is deemed symptom-free he is then allowed to return.

After a second concussion the patient can be out from two to three weeks with similar testing performed after the allotted time. Seemingly a concussion can happen to anyone at anytime especially on the football field, but some athletes have a different perspective.

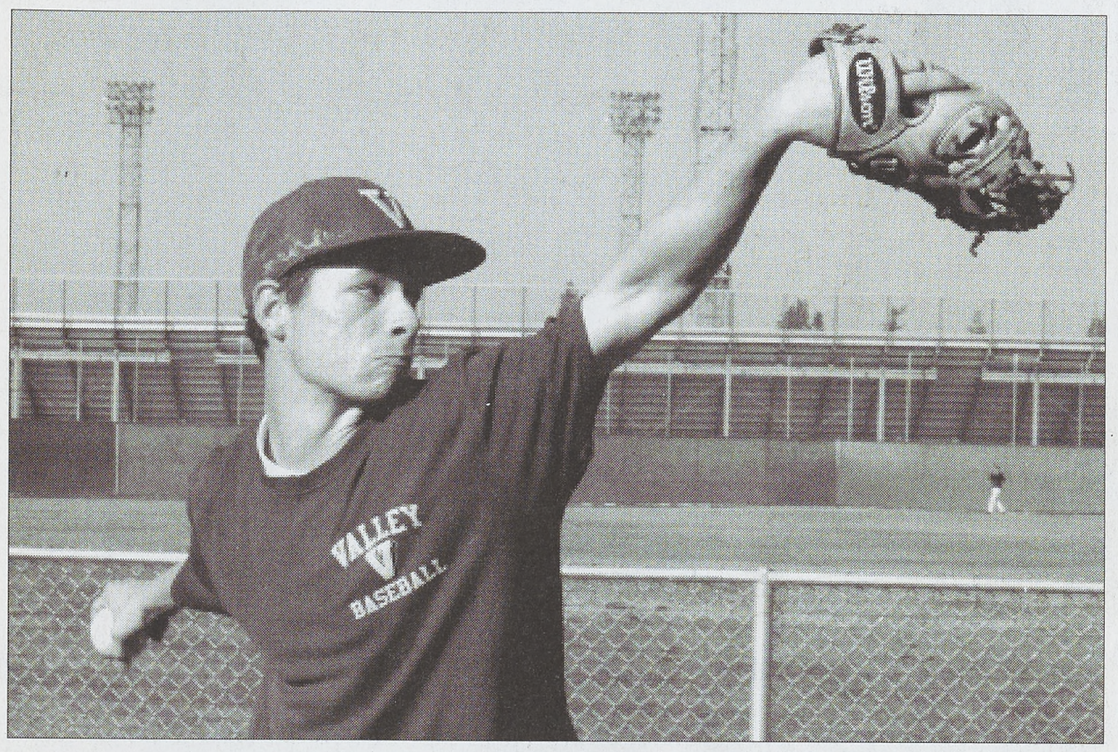
"We have some kids that have concussions in practice from going too hard…some kids are out of shape (and) are not working out," Valley defensive tackle Jake Laumoli said. "If they're in the weight room working out, that will help…the lazy ones get hurt, they get the concussions."

As rules continue to change and become stricter from pop-warner up to the NFL, awareness seems to be the key for these very serious injuries. Though major rules and regulations are now affecting the game, the little things still remain a focal point.

"I think the kids are more conscious that their helmets are blown up," Cimity said.



EDUARDO HERRERA | VALLEY STAR



SCOTT MITCHELL, PHOTO EDITOR| VALLEY STAR

PRACTICE MAKES PERFECT - Valley Sophomore Pitcher Justin Rivas throwing during a pre-season practice.

MONARCH ATHLETICS THROUGH THE AGES

After 58 years of athletics, Valley staff take a moment to look at the department's success.

CRISTINA SERRATO
STAFF WRITER

Located on the premises of what is now Van Nuys High School, it opened with no athletic department. Now, 60 years later, it serves 12 competitive sports teams, an Olympic-size pool, track and field, and premiere football field; this place is Valley College.

"The school facilities are a source of pride, the state-of-the-art stadium, the north and the south gym," said former Athletic Director Chuck Ferrero. "But the Hall of Fame is a great source of pride."

Throughout the years Valley has had many athletes in its teams, some were college athletes who went pro, others just wanted a scholarship, while a few just loved to play sports.

Although there is almost 60 years of history in sports, Valley kept little record of its athletic history until recently, when Sports Information Director Dale Beck and Chuck Ferrero dedicated themselves to digging up old records while keeping track of the current ones. With a limited amount of manpower, they strive to bring back the Valley athletic history and will soon have all the stats and records online.

"A pencil and typewriter are the main reasons there are no online stats," Beck explained. "The computer age is a huge transition and we're still working on getting everything online."

" In the '50s... The stadiums were full and it was a social rally, I have never missed a Homecoming since 1958. "
-English Chair, Dr.Alfred Zucker.

The athletic department has changed much in the last half century; however, one thing that has never changed is the original field house. Originally built in 1949 the field house serves as the home base for all athletic equipment. The field house has been there for every game.

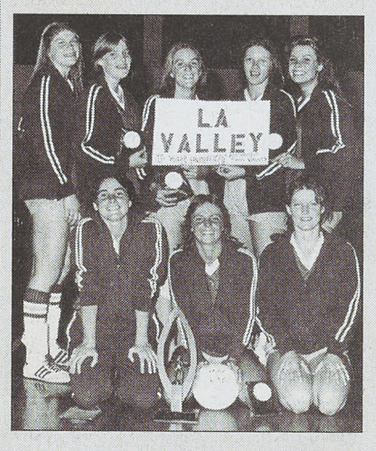
English Chair Dr. Alfred Zucker himself has been a staple at homecoming games.

"In the '50s everyone used to go to Monarch games, football and homecoming games in particular," Zucker said with a smile. "The stadiums were full and it was a social rally, I have never missed a Homecoming since 1958."

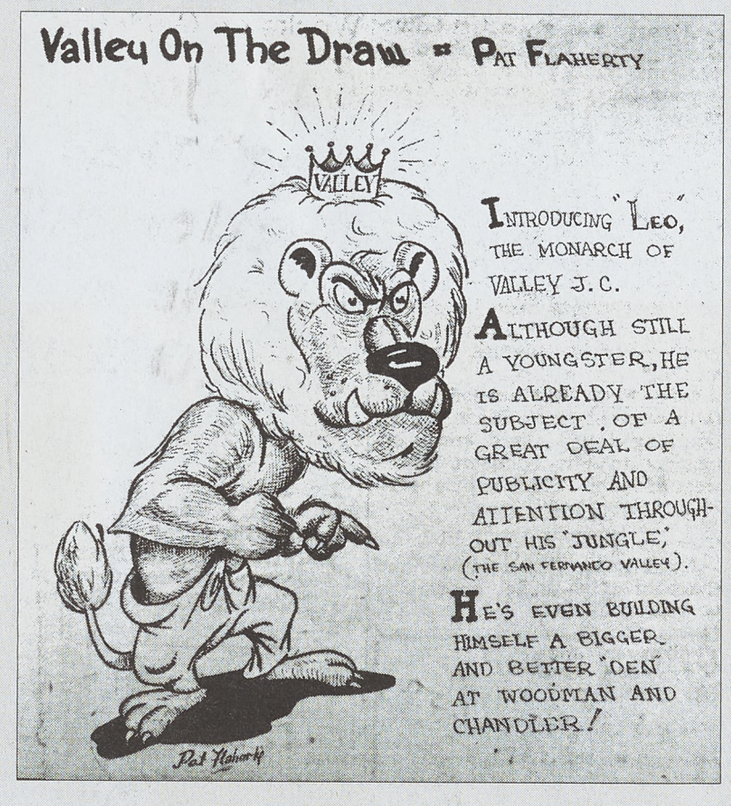
The athletic department has come a long way from the one room it started with, and it doesn't plan on stopping, especially with Diedra Stark spearheading the department. She's proud of what Valley has accomplished with its student-athletes, but still strives for more students to receive scholarships and move on to be successful in whatever endeavors they choose.

"It's our goal that they leave here and continue competing or transfer and get an education elsewhere," Stark said. "Education is so important for the rest of their lives."

VALLEY ATHLETICS CELEBRATE 60 YEARS



VALLEY PRIDE - Photos Courtesy of Sports Information Director Dale Beck.


Valley On The Draw - Pat Flaherty
VALLEY
Introducing "Leo," the Monarch of Valley J.C.
Although still a youngster, he is already the subject of a great deal of publicity and attention throughout his "jungle," (the San Fernando Valley).
He's even building himself a bigger and better "den" at Woodman and Chandler!
Pat Flaherty

MALLAS AND COMPANY PRACTICING FOR WINS

«LOOKING FOR CHAMPIONSHIPS»

After a losing season last year, the Monarch baseball team looks to reconcile.

CRISTINA SERRATO
STAFF WRITER

Former MLB second baseman Roger Hornsby may have stated every baseball fan's sentiment best when he said, "People ask me what I do in winter when there's no baseball. I'll tell you what I do. I stare out the window and wait for Spring." As baseball season approaches for the Monarch baseball team, work will be their number one focus.

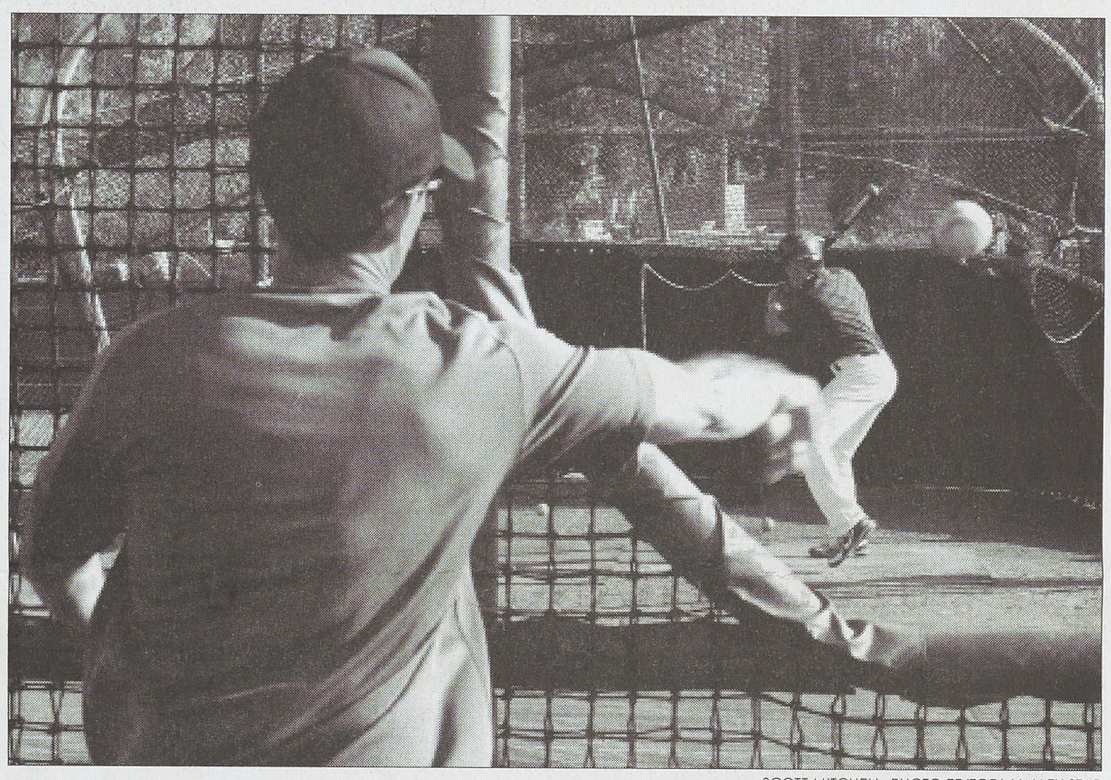
"Valley always has good baseball years, but last year didn't go well just because there were a lot of freshmen that didn't do well," commented Chuck Ferrero, former athletic director of Valley. "This year will be better; Dave will always do a good job."

Although the 2009 baseball season did not end well, the approaching 2010 season is a fresh start for the Monarchs that have a good blend of sophomore and freshmen players in the line up. Though the final roster won't be available until January, there is a promising mix of baseball talent. Infielders Casey Ryan and Josh Goosenbrown both hail from Notre Dame High School, and Oscar Soriano is a second-year player, playing right field and pitching. He is expected by Coach Mallas to do well. Adaire Robles has already claimed his place as starting pitcher.

"My hope is to go as far as we can this year, last year did not go so well," said second-year player, Chico Rivera. "This year will be better."

The Monarch baseball team only has a short while to practice before their first tournament of the 2010 season takes place. The Monarchs have a rich history of winning for more than half a century and in the last 15 years have won at least four conferences and plan to make the 2010 season a success. The ultimate goal in mind for coaches and players alike is the Western State Conference Championship.

"This year we want to go from worst to first. My first year here we went to the Western State Conference from last place the year before," said Coach Mallas. "The goal is to do it again, let's repeat history."



SCOTT MITCHELL, PHOTO EDITOR| VALLEY STAR

SERVING UP SOME SLOW FAT ONES - Monarch Head Baseball Coach Dave Mallas pitches during the teams pre-season training. When asked about this year's team and how they looked, Mallas said, "We have some excellent team speed and our offense looks good." The Monarchs kick off the 2010 season on the road on Feb. 4 in the SCC Tornament. They play their first home stand on Feb. 11 for the WSC Tournament.

SCOTT MITCHELL, PHOTO EDITOR| VALLEY STAR

FIGHTING FOR THE BALL - Monarch freshman guard, Javion Garner, fights three Ventura Pirates for a loose ball during the first half of play. The Monarchs got off to a 12-0 lead, but lost to the visiting team in overtime before a large crowd at home last week. A large amount of Monarch turnovers contributed to the loss.

SCHEDULES

Men's Basketball: Away
Dec. 10-12th TBA
Santa Barbara City Tournament
@ Santa Barbara

Women's Basketball: Away
Dec. 11-13th TBA
Moorpark Tournament
@ Moorpark

SWINE FLU VACCINATIONS ON CAMPUS

DOING JUST FINE - A father and son welcome daybreak after arriving outside the North Gym at 3 a.m. to be in the front of the line.

PHOTOS BY
SCOTT MITCHELL
PHOTO EDITOR

According to the Center For Disease Control figures, 7,702,300 doses of the vaccination have been sent to California. The Flu Review stated that flu activity declined during the last week of November. Although flu-related deaths and hospitalizations decreased, the number remained high compared to the projected expectations for this time of the year.

"We had a very happy turn out," said Lee Denmon, site manager for the Public Health Department. Denmon attended Valley College in 1968 and 1969. "We would have liked to have serviced more people but the cold weather probably had something to do with that. There was a steady flow of patients and the operation ran well and without incident."

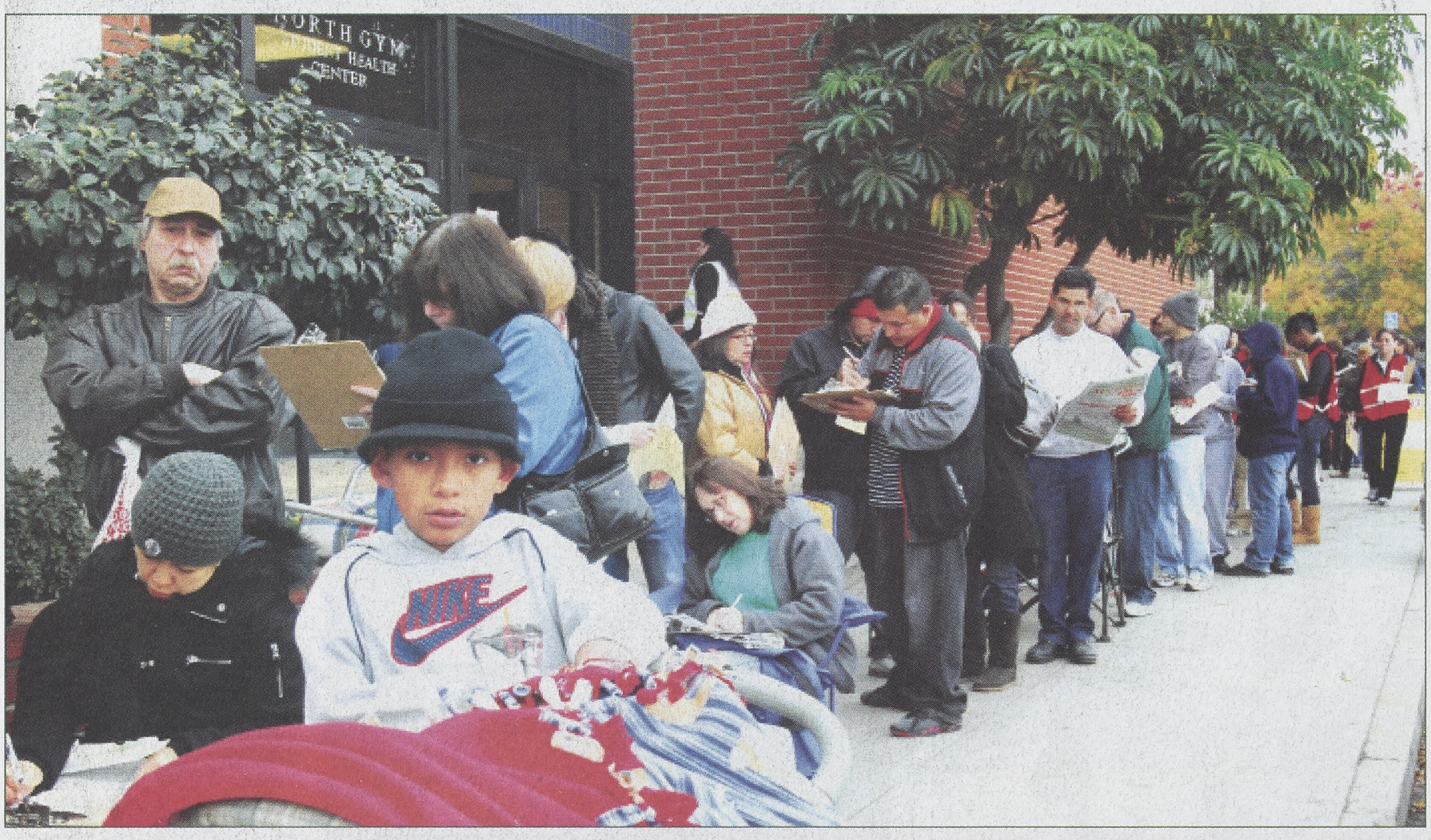
Hand sanitizer dispensers were available for the public just before entering the gym, in order to prevent the further spread of germs.

Valley students continue to be encouraged to follow simple methods of prevention, such as covering your nose and mouth with a tissue when you cough or sneeze and washing your hands often with soap and water, especially after you cough. The swine flu is spread primarily from person to person through coughing or sneezing of infected people. If you are sick, the Centers for Disease Control (CSC) recommend you stay home.

For More Information about the H1N1 vaccine as well as to confirm dates and location svisit http://www.publichealth.lacounty.gov or call 2-1-1. In addition, the LAVC Student Health Center offers health services for students. For additional questions or concerns, please contact the Student Health Center at (818) 947-2918.

(TOP) THE WAITING GAME - A young girl blows bubbles in the cold and a man reads a newspaper outside the entrance to the gym.

(LEFT) A HELPING HAND - A volunteer helps a man fill out the requisite forms before entering the gym.



(TOP) PAPERWORK - The first person in line has to fill out his personal paper work before entering the gym and receiving his flu vaccine.

(LEFT) SHOT TIME - Approximately 250 people filled the sidewalk outside of the North Gym by 8 a.m. on Saturday as they waited for the doors to open.